

Mackay Road Runners
Notice to Members
Re: COVID-19 Response – 2020 season calendar suspended

Dear Mackay Road Runners Members,

Earlier in the week we had planned to send an update email to members regarding the COVID-19 virus and our health authorities' guidance regarding small outdoor events such as ours. At that stage the advice was that our regular weekly runs would be an acceptable safety risk given some simple and contemporary sanitation and social distancing protocols were maintained. Along with the guidance from the relevant health authorities which seem to tighten up daily, Qld Athletics (QA) yesterday issued guidelines for "all Athletics activities in Queensland".

Given QA's advice that their clubs should cancel any events, coaching etc with more than 10 persons, the MRR Committee thinks it wise that we suspend our MRR calendar until at least May 31, 2020. We intend to review the situation around that date and advise members of the outcome. In the next few days, we will create a FAQ page on the MRR webpage to assist in keeping members informed.

MRR is, and always has been, committed to health and fitness in the Mackay Community, the last thing we want to do is compromise the health and safety of any of our members, their families and the wider community.

What we do want members to do however is keep running, firstly so everyone is fit and ready for when our calendar resumes and also because, as all runners know, one of the best protective measures for our physical and mental health comes through a pair of running shoes.

Yours in running,

Tim

Tim Magoffin
President
Mackay Road Runners

